**C.3 POLICY FOR SEASON OF PLAY**

Barrie Royals Basketball Club believes that helping our student-athletes manage time/commitments during the High School basketball seasons of play is important.

Over the years an excellent rapport has been built between the Club and GBSSA teacher/coaches. Both recognize that families and the basketball community are concerned about: athletic injuries caused by over-use, student-athlete fatigue, increasing academic work load on senior students and pressures to choose between basketball programs.

In January 2022, the Club adopted eighteen recommendations from its Director of Player Development. This Policy – **C.2 Basketball Development: Overall Recommendations** provides Club endorsed guidelines for developing all Barrie Royals athletes (including franchised teams). This aligns with each teams’ playing season, age level and the appropriate time required to develop athletes into a high calibre competitive Rep Club. Included are overarching guidelines for the entire Club and separate age specific commentary. This document is for internal use to foster communication and understanding for Coaches and ultimately athletes and members.

For the seasons of play for U15, U16, U17 and Junior Men’s programs, Coaches will select teams and practice prior to the Thanksgiving weekend. Practices for all of these age divisions will resume March 1st. Players attending should only be those athletes eliminated from SCAA/CSASC/GBSSA competition.

For the seasons of play for U15, U16, U17 and JUEL prep Women’s programs, Coaches will select teams as soon as possible after gym space becomes available in September. These teams will curtail practices and competitions until the second week of November. Players attending should only be those athletes eliminated from SCAA/CSASC/GBSSA competition.

The exception to this Policy for Season of Play is FOR HIGH SCHOOL AGED BOYS IN 2022-23 PLAYING SEASON **ONLY, as outlined below.**

A weekly time-slot will be allocated to a training program for U 15 and U 16 Royals players who are not competing on a high school team. This program co-developed by the Director of Player Development and the participating Royals Coaches WILL NOT HAVE ANY COMPETITIONS. Rather, its purpose is to provide an environment for these players to continue their physical and skill development.

The Board of Directors’ conditions for this program are:

1. Athletes will be Royals members who are currently NOT PLAYING on a

High school basketball team.

1. A suitable elementary gymnasium permit is facilitated for one evening a week.
2. Two Royals Coaches will commit to attending each session
3. Royals players invited to participate must commit to the entire program.
4. No other athletes, other than the Royals players who are NOT PLAYING IN A

GBSSA BASKETBALL PROGRAM, are permitted to attend.